



# Mary Webb School

## Transition Pack



# Opening Minds, Widening Horizons

# Working together to ensure success for all

## We are Curious

We **value learning** and are **reflective**, enabling us to develop and prepare for the future.

## We are Respectful

We conduct ourselves **responsibly** and with **integrity** by being **kind, fair and honest**.

## We are Resilient

We know the importance of **persevering**, understanding how this enables us to become **independent** and reach our **aspirations** in an ever-changing world.

## We are Supportive

We encourage and empower each other by showing **empathy**, **fostering collaboration**, and **valuing the achievements of all**.



Starting secondary school is a really big change and something that is a massive part of your life. It can be scary and we know that some things will worry you more than others, but that is okay.

With lots of new people, you won't be alone and hopefully this pack we created for you and your family, will help you to get to know your new school, key people and also help ease some of your worries.

## Our School

Here are some pictures of our school, we think these are the most important ones you need to see now.



This is what our school looks like from the outside.

Our address is:

[Mary Webb School](#)

[Pontesbury](#)

[Shrewsbury](#)

[SY5 0TG](#)

Why don't you google it on Google Maps and look how far away it is from your home?



This is what one of our classrooms looks like, most of them look the same, but there are a few that are different. This is because we teach specialist subjects which require special rooms, like the science lab, the food room and the dance and drama studios. This is one of the specialist technology rooms. You will move around the school and go to a different room for different subjects.



This is the canteen, where you can buy and eat hot school lunches. It can get busy at lunch so there is a bell system where certain year groups can go in at certain times. Year 7 go first at lunch! You can also get a range of snacks and drinks.

No cash is exchanged here, you pay for your food using your fingerprint!



This is our school library and it has lots of exciting books that you can loan and read. It is a quiet space that can sometimes be used to do work. It is also used for some students to go to during social time, with board games available to play. Just next to it is a computer room you can use to complete or print homework in break and lunch times.



This is the Main Hall. This is where you will come and sit on your first transition day, when you find out your new tutor group at Mary Webb School. We use this space for our assemblies once a week with all of year 7. In break and lunch times we use it as a space to meet your friends.



This is Student Reception. Here you can speak to very friendly and helpful staff who can support you with things like, getting around the school, finding out which room your lessons are in or just helping you find someone who can help you. You also come here for first aid or to drop any school letters off.



This is the Personalised Learning Centre (PLC). This is where you will find our team of teaching assistants. You may have some interventions in here. We are also a safe space for break and lunch times. We have the use of an outside garden and pergola in the Spring and Summer. We have a homework club on Tuesday and Thursday afterschool where you can come and get help with your homework.



This is the Sports Hall, field, AstroTurf and tennis courts. These are all used for PE lessons and the types of sport you play vary depending on the season. They include, badminton, netball, football, rugby, rounders and athletics. The field and AstroTurf are also used in lunch times. We have a rota in place that gives every year group equal time on the AstroTurf, but you can also play football in the field.



These are the year 7 toilets. No other year group is allowed in these, so it never gets too overwhelming. We also have a single disabled/gender neutral toilet. They are all located in the Sports Hall.

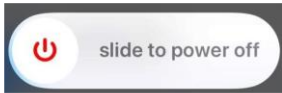
### The School Day

08.30 – 08.45	School opens, go straight to your tutor room
08.45 - 09.05	Registration - in your tutor room
09.05 - 10.05	Period 1
10.05 - 11.05	Period 2
11.05 - 11.25	Break – First bell Y8, 9, 10 into the canteen– Second bell Y7 & 11
11.25 - 12.25	Period 3
12.25 - 13.10	Lunch – First bell Y7 & 11 into the canteen – Second bell Y8, 9, 10
13.10 - 14.10	Period 4
14.10 - 15.10	Period 5
15.10 – 15.17	Registration- in your tutor room. KS4 go on the 1 <sup>st</sup> bell, KS3 on the second bell

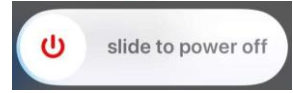
The bell will go between each period. Food and drinks are available from the canteen during break and lunch times. Students can bring their own packed lunch from home - to be eaten in the canteen or main hall. If having school dinners, remember we have a cashless canteen so please remember to top up on Parent Pay. All food bought in the canteen must be eaten in the canteen. Drinks must be in plastic bottles - ideally water. Energy and fizzy drinks are not allowed in school.

Toilets are open before/after school, during break and lunch times only. This is to ensure that students are not missing valuable learning. Mobile phones must be turned off and handed in to form tutors in morning registration, they will be kept in a safe for the day and handed back during afternoon registration. Any communication with parents during the school day must be done via student reception.

## Mobile phones must be:



- Switched **off**
- Handed to your tutor in morning registration
- Returned to you at the end of the day
- They will be kept in a safe during the day.



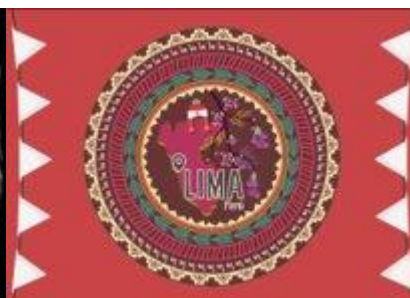
### Houses

We have five houses, which are named after cities that were chosen by our students:

- **Cairo** 
- **Lima** 
- **Paris** 
- **Tokyo** 
- **Washington** 

Each city is from a different continent with contrasting cultures for you to explore.

Before your induction days, you will receive a postcard to let you know which House you are in.



## Example Timetable

This is an example of what a timetable looks like. You can use this to see which lessons you have each day, which teachers you have and which rooms your lessons are in. Why don't you see if you can use the map to find the rooms on this timetable?

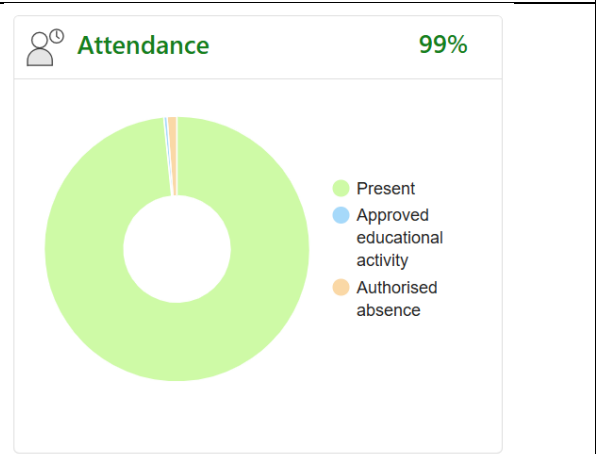
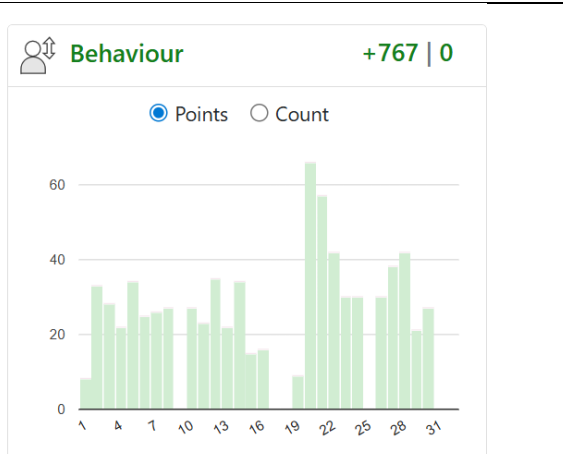
Day	09:10 - 10:10	10:40 - 11:40	11:40 - 12:40	13:15 - 14:15	14:15 - 15:15
Mo	History 7z/HiC	Physical Education / Sport 7z/PE12	Mathematics 7z/Ma2	English 7z/EnC	Technology 7z/DQ
Tu	Geography 7z/GeC	History 7z/HiC	Art 7z/ArC	English 7z/EnC	Science 7z/ScC
We	Mathematics 7z/Ma2	Science 7z/ScC	Music 7z/MuC	English 7z/EnC	Modern Foreign Language 7z/MFC
Th	Geography 7z/GeC	Technology 7z/DQ	Registration/PHSCE 7C	Physical Education / Sport 7z/PE12	Religious Education 7z/REC
Fr	English 7z/EnC	Mathematics 7z/Ma2	Science 7z/ScC	Computing 7z/CmC	Modern Foreign Language 7z/MFC

## Homework

You will use an app called Go4Schools. This is where you will be able to see what homework has been set by your teachers. You will also be able to see your timetable, attendance and also any House Points that you have been awarded. You will need to get in to the habit of checking this every day. This is an example of what it looks like:

Homework that has been set for you						
Ongoing						
Depending on the nature of the homework task, items will stay on the list between 1 - 7 days.						
Due	Subject	Task	Status	Grade / Mark	Set	Done
15 Apr 2026	Mathematics 7z/Ma2	Maths Homework - revision booklet <small>Guidance time: 20-30 min.</small>	No Status	n/a	27 Mar 2026 Kitcher	<input type="checkbox"/>
15 Apr 2026	Science 7z/ScC	End of unit test New life <small>Guidance time: 60-90 min.</small>	No Status	n/a	23 Mar 2026 Richards	<input checked="" type="checkbox"/>
15 Apr 2026	Modern Foreign Languages 7z/MFC	P.31 of worksheet. <small>Guidance time: 20-30 min.</small>	No Status	n/a	20 Mar 2026 Harrison	<input checked="" type="checkbox"/>
28 Apr 2026	Science 7z/ScC	Year 7 End of Year Exam <small>Guidance time: 60-120 min.</small>	No Status	n/a	27 Mar 2026 Lee	<input type="checkbox"/>

### Summary of behaviour (house points) and attendance.





At Mary Webb School

# WE ARE...



## READY

- Wear correct uniform
- Arrive on time
- Enter quietly and sit in seating plan
- Equipment out
- Complete Quick Quiz in silence

## RESPECTFUL

- Ask questions ...  
**BE CURIOUS**
- Look and listen when others are speaking ...  
**BE RESPECTFUL**
- Learn from your mistakes...  
**BE RESILIENT**
- Help each other to learn...  
**BE SUPPORTIVE**



## SAFE

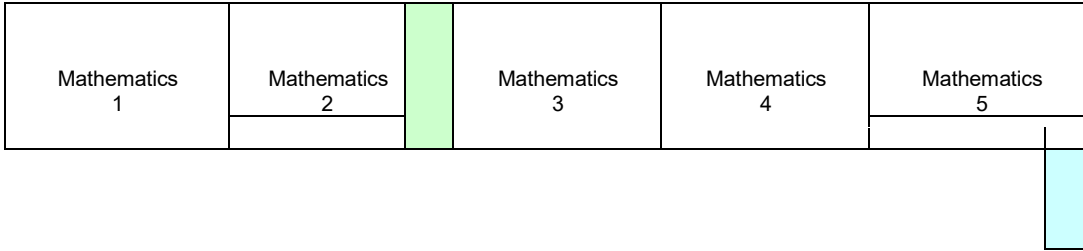
- Follow instructions
- Stay seated or move appropriately as directed
- Report unsafe behaviours to your teacher
- Use classroom equipment safely



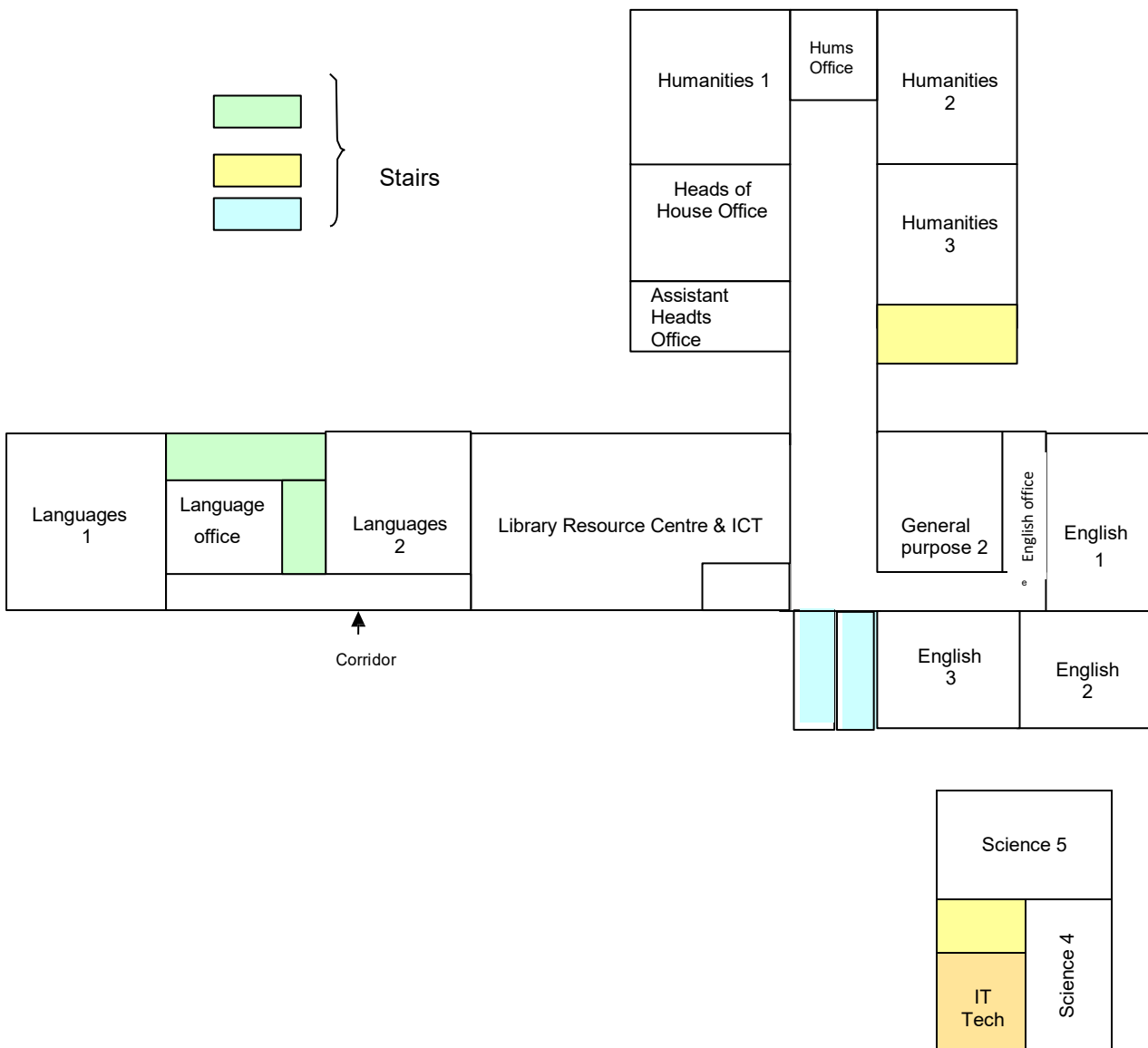
## School Map

This is a map of our school. You will be given this on your transition days to help you find your way around. Each subject has an area in the school and it makes it easier to find.

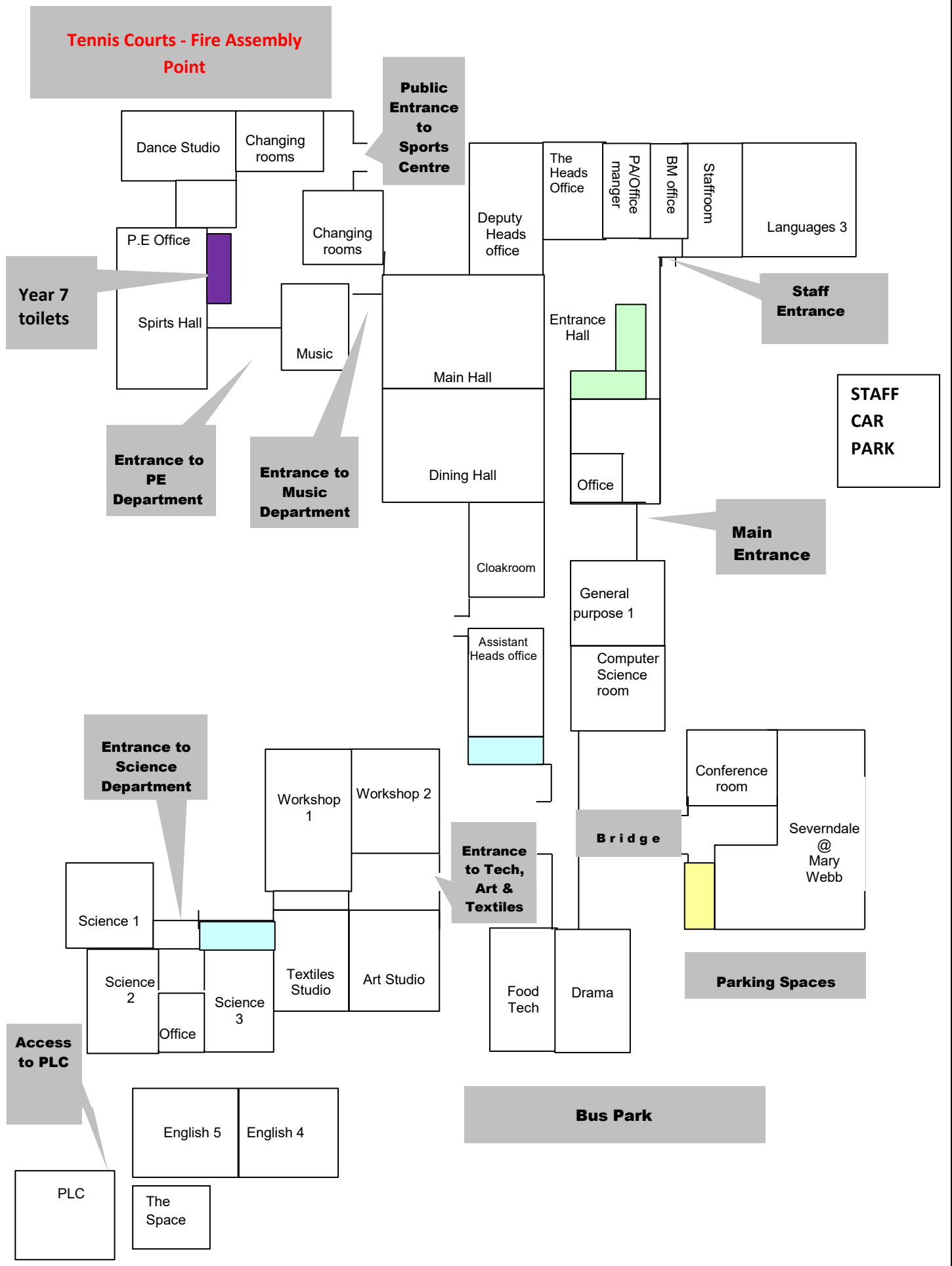
### THIRD FLOOR - Main Block



### SECOND FLOOR - Main Block and Science Block



GROUND FLOOR - Main Block, Tech Block, Science Block and PE Block



## Our School Uniform

Everyone at Mary Webb School must wear a school uniform. Here are pictures of our uniform with labels of what each item is.



White shirt

This can be either short or long sleeved and can be bought from any store.



Black trousers

These must not be leggings, jeans or jeggings. These can be bought from any store.



Mary Webb pleated skirt

This is the only school skirt allowed and must be worn with black tights. You can buy it at School Shop Direct.



Mary Webb tie

You can buy this at School Shop Direct. When you are in Year 11 you can get a black or red (perfect tie).



Maroon Jumper

You can buy this at School Shop Direct. When you are in Year 11 you can get a black jumper.



Black Shoes

These must be plain black, no plimsolls, trainers or boots. These can be bought from any store.

Our School PE Kit



PE Shirt



PE Training Top



PE Fleece



PE Skort



PE Shorts



PE Socks

**Equipment you need to bring  
with you every day**

You will need to bring some equipment with you to school and you need to make sure that you have them in every lesson.

School Bag		You will need a school bag that is able to hold all of your equipment. This will be kept in your locker.
Pencil case		To store all of your equipment in one place.
Pens		Black and red inked pens.
Pencil		To draw diagrams or pictures in your lessons.
Rubber		To erase any errors or working out.
Ruler		To underline your title, draw neat diagrams and take measurements.
Pencil sharpener		To sharpen your pencils when they become blunt.
Calculator		Needed for some maths and science lessons.
Coloured pencils		To colour in diagrams or pictures in your work.
Hand book		You will be given this in September, it will have your time table and other important information in it.
Protractor		For measuring angles in some maths and science lessons

## Meet the Safeguarding Team

It is important that you have a trusted adult that you can talk to if you are worried about anything. This might be your form tutor, a teaching assistant or one of our safeguarding team. It is important to understand that they cannot promise to keep everything to themselves. We will help you to find someone that you trust at Mary Webb School when you get here.



Miss S Pugh  
Assistant Headteacher  
(Designated Safeguarding Lead)



Mr P Lowe-Werrell  
Headteacher  
(Safeguarding Level 2)



Miss E Weston  
Deputy Headteacher  
(Safeguarding Level 2)



Mr M Jervis  
Assistant Headteacher  
(Safeguarding Level 2)



Mrs I Cawthorne  
Administration/Reception  
(Safeguarding Level 2)

## Meet the Heads of Year

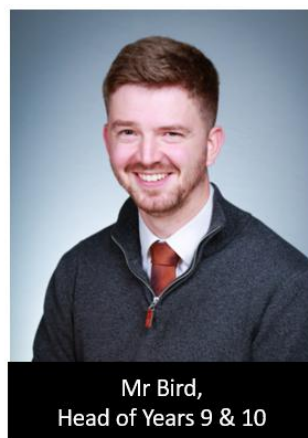
The heads of house work alongside your tutors to support you.



Mrs Shuker,  
Head of Year 7



Mrs Lee,  
Head of Years 8 & 11



Mr Bird,  
Head of Years 9 & 10

## Meet the Transition Team



Mrs Jones is one of our Assistant Headteachers, Head of Science and a teacher of Science. She is in charge of transition, so you will meet her either at your Primary school or on your transition days. If you are ever unsure of anything you can always ask her. Her email address is:  
[cath.jones@marywebbschool.com](mailto:cath.jones@marywebbschool.com)



Mrs Shuker is the Year 7 Head of Year. She is also a teacher of Modern Foreign Languages. She works alongside Mr Jervis and the year 7 tutors to support with pastoral care. You will meet her either at your Primary school or on your transition days. Her email is:  
[lauren.shuker@marywebbschool.com](mailto:lauren.shuker@marywebbschool.com)



Ms. Keeling is the Head of Personalised Learning, SENCo and an Art teacher. She directs the Teaching Assistants work and manages the PLC department. She supports our entire SEN cohort. Her email is:  
[sarah.keeling@marywebbschool.com](mailto:sarah.keeling@marywebbschool.com)



Mrs Mansell is the Personalised Learning Lead. She works with Ms. Keeling to run the Personalised Learning department and support transition, so you will get to meet her when she comes to your Primary School. She specialises in bereavement and is a mental health first aider. Her email is:  
[louise.mansell@marywebbschool.com](mailto:louise.mansell@marywebbschool.com)

## Some things to help you with your worries



We know that you may well be worried about coming to Mary Webb School and we want to try and help you with this. We have put together some resources that will help you get all of your worries onto paper and hopefully you will be able to talk them through with someone you trust.

## My Hopes and Worries

Consider any questions or concerns you might have and think about the things you are looking forward to.

Example:

<b>What am I looking forward to?</b> Meeting new friends. Using Bunsen burners in science. Cooking lessons. Moving around school during the day. Getting food at break. Trampolining club.	<b>What is my biggest worry about starting secondary school?</b> I don't know the school. I might get lost and then get into trouble.
	<b>What can I do that might help?</b> Look at the map in my planner. Ask for help if I need it.
	<b>Can anyone else support me?</b> Teachers, teaching assistants, office staff, friends, siblings, buddies in Year 8 and Year 11 prefects.

Your Turn:

<b>What am I looking forward to?</b>	<b>What is my biggest worry about starting secondary school?</b>
	<b>What can I do that might help?</b>
	<b>Can anyone else support me?</b>

Example

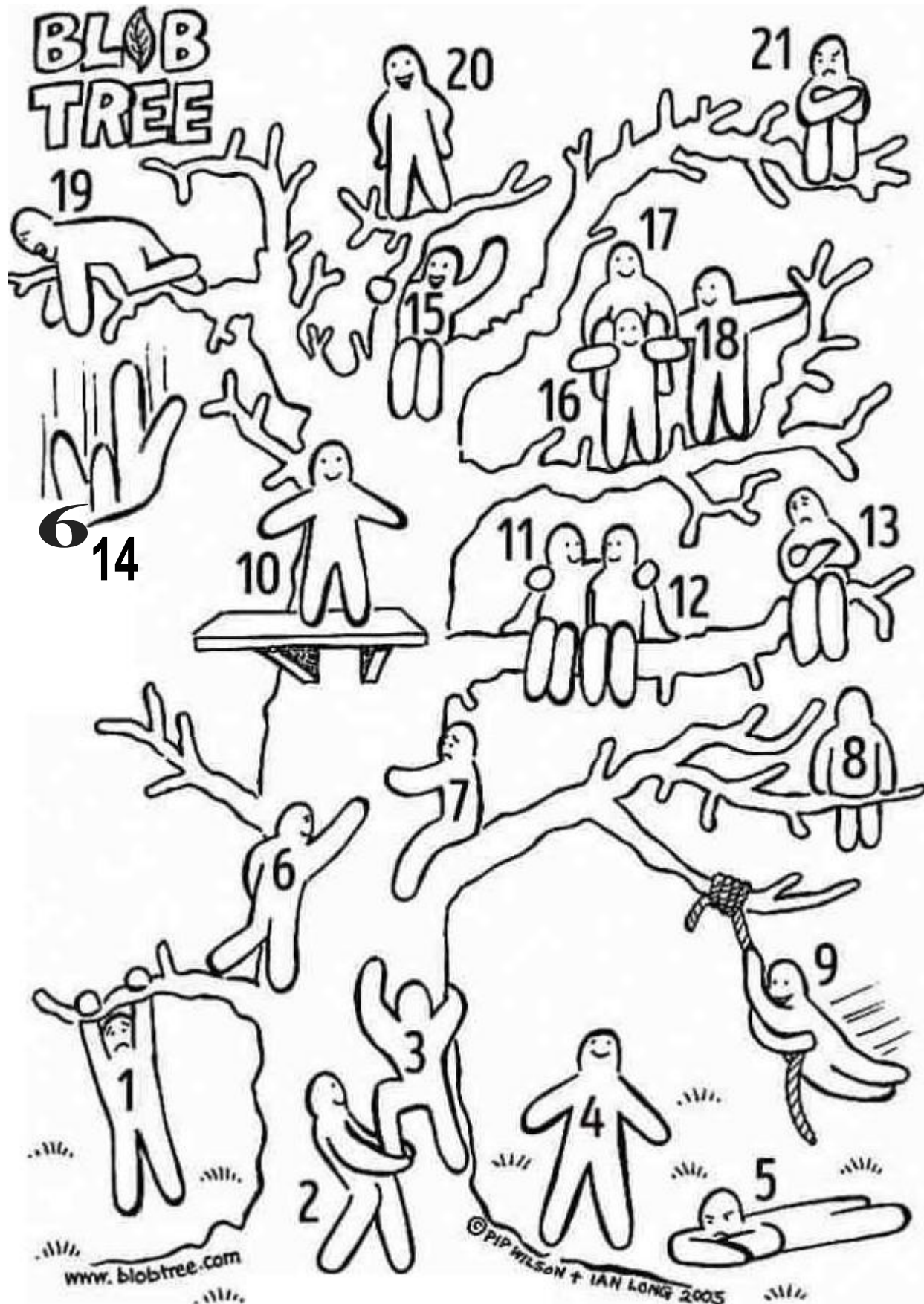
<b>What are my other worries about starting secondary school?</b> I might forget something.	<b>What are your hopes for secondary school?</b> I would like to make some new friends and do my best in lessons.
<b>What can I do that might help?</b> I will get everything I need ready the night before.	<b>What can I do that might help?</b> I will be kind to others, I might join a club. I will ask for help if I need it.
<b>Can anyone else support me?</b> I will ask someone at home to remind me.	<b>Can anyone else support me?</b> Teachers if I need help in lessons. Friends I already know.

Your turn

<b>What are my other worries about starting secondary school?</b>	<b>What are your hopes for secondary school?</b>
<b>What can I do that might help?</b>	<b>What can I do that might help?</b>
<b>Can anyone else support me?</b>	<b>Can anyone else support me?</b>

# Blob Tree

We use the blob tree in our ELSA sessions. You can use it to decided which blob you are now and where you want to be when you get to Mary Webb and talk about it with your teacher. You can use it to show how you feel before and after your transition days. You can also colour it in.







## Self-Care Bingo




### INSTRUCTIONS:

There are two copies of the self-care bingo board. One board is to mark off and keep track of your activities. The other board will be used to cut up and pull activities at random. Set a goal. Pull one activity at a time until you achieve your goal. You can do this at home and have a competition with everyone in your house.

### YOUR GOAL CAN BE TO:

- Do all activities in a single row or column
- Do all activities in all four corners
- Do all activities in a diagonal line
- Do all activities two diagonal lines through the middle (an "X")
- Do all activities in all squares
- How many self-care activities can you do in a day, week or month?

 <p><b>ENJOY A HEALTHY SNACK</b></p>	 <p><b>DANCE BREAK</b></p>	<p><b>STRETCH BREAK</b></p> 	 <p><b>TAKE A WALK</b></p>	<p><b>VIDEO CHAT A FRIEND</b></p> 
 <p><b>ENJOY BREAKFAST FOR DINNER</b></p>	<p><b>HUG A LOVED ONE</b></p> 	<p><b>TAKE A NAP</b></p> 	<p><b>MAKE A CRAFT</b></p> 	 <p><b>RIDE A BIKE</b></p>
<p><b>LISTEN TO YOUR FAVORITE SONG</b></p> 	<p><b>GET OUTSIDE &amp; EXPLORE NATURE</b></p> 	<p><b>DRAW A PICTURE</b></p> 	<p><b>COMPLETE A PUZZLE</b></p> 	<p><b>TAKE 4 DEEP BREATHS</b></p> 
 <p><b>WRITE A STORY</b></p>	<p><b>LEARN SOMETHING NEW</b></p> 	<p><b>READ A BOOK</b></p> 	<p><b>WEAR PJS ALL DAY</b></p> 	 <p><b>COMPLETE A CHORE ON YOUR TO DO LIST</b></p>
 <p><b>PLAY A BOARD GAME WITH YOUR FAMILY</b></p>	 <p><b>WATCH A MOVIE</b></p>	<p><b>TELL SOMEONE A JOKE</b></p> <p><b>HA HA HA</b></p>	<p><b>TAKE 3 DEEP BREATHS</b></p> 	<p><b>DO 10 JUMPING JACKS</b></p> 

 <b>ENJOY A HEALTHY SNACK</b>	 <b>DANCE BREAK</b>	<b>STRETCH BREAK</b> 	 <b>TAKE A WALK</b>	<b>VIDEO CHAT A FRIEND</b> 
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### Stress Bottle/Jar

This is a very simple stress reliever that you can make at home. This jar is yours and you can design it in any way that you wish and that will help you. Below are instructions and the equipment that you will need to make this simple stress bottle/jar. This is something that you can use as a strategy above.

#### Equipment needed

An empty bottle with a lid  
 Warm water  
 PVA Glue or Glitter Glue  
 Glitter if just using PVA glue  
 Craft stars, buttons, gems (optional)

#### Instructions

- 1) Clean out the empty bottle and remember to keep the lid.
- 2) Add your glitter glue into the bottle or if you are using PVA and glitter, mix it up and then put it into the bottle.
- 3) Add the warm water, but do not fill it right to the top.
- 4) Add any craft stars, buttons and gems into the bottle.
- 5) Put the lid back on and give it a shake.
- 6) It is complete, but you can decorate the outside of the bottle if you wish.



### **How to use**

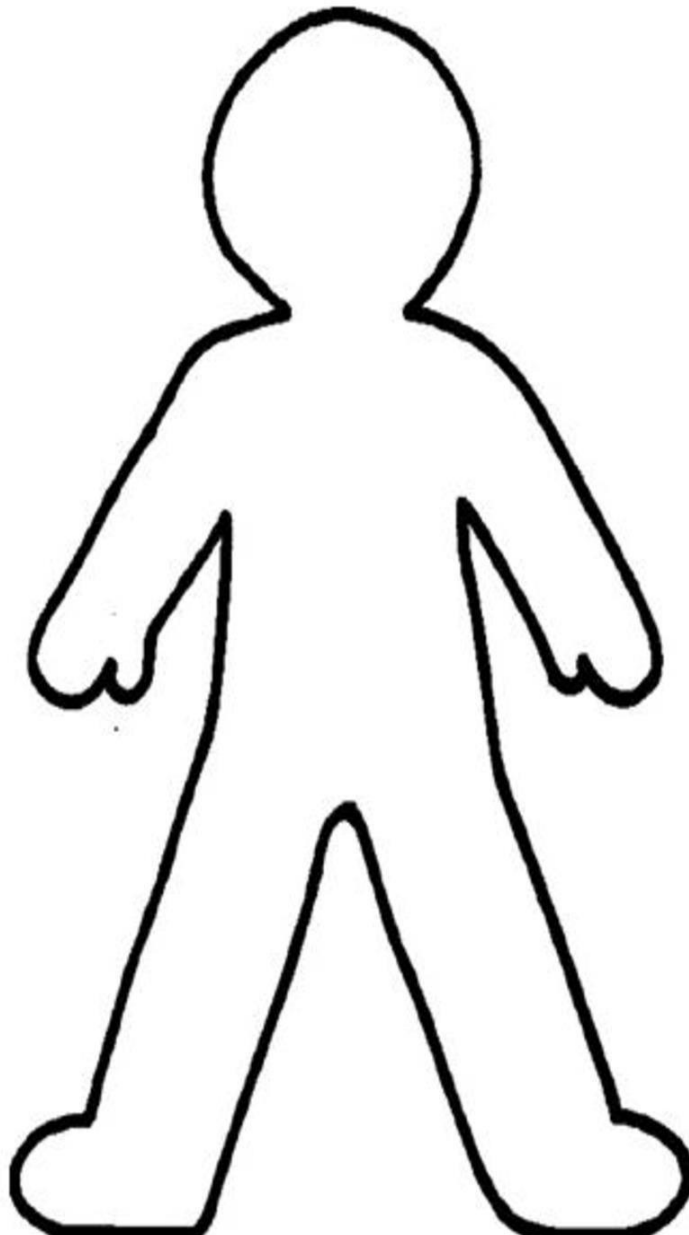
Every time you feel stressed or anxious or when you can feel it building up, grab your stress bottle/jar and give it a good shake to get all of your anxiety and tension out.

Place the bottle on a flat surface, sit down and watch the inside of the bottle begin to calm and settle down.

Use this as often as you like and for as long as you need.

## **My body and my thoughts**

On the outline of the body below, write down how your body feels and the changes that you have noticed. On the outside of the body write down all of the thoughts that you are having. This gets you to think about how these thoughts are impacting upon your physical and mental health. On the inside of the body, write down the changes you feel inside your body.



## Worry Jar

This is a worry jar, if you are feeling stressed and worried about something then put it in the jar by writing it down. The top of the jar is sealed so that the worry cannot get out of it.

Once it is locked in the jar it is time to think about the positives and negatives of the worry. There can be positives that come from a worry, just think really hard! Use two different colours to write them down: choose your favourite colour for the positives and another colour for the negatives.

If you want, you can even share your worry with someone else so that they can help you, but you have to be comfortable to do this.



## Signposting

If you have any further questions or worries then please use the resources below:

For students:

<https://www.bbc.co.uk/bitesize/topics/zigck2p>

For parents:

<https://inourplace.heiapply.com/online-learning/course/128>

### Choose health

**Know what affects your child,**  
**what makes them grumpy, happy, disconnected...**



- Do they need snacks throughout the day?
- Do they need lots of sleep?
- Do they need to get out and about and do exercise?
- Do they need time alone?

Trust that you know your child and give them the basics that they need to cope with difficult days

### Be calm

Try to stay calm whilst your child is feeling distressed.

Your child may show:

- highs and lows
- blame
- melodrama
- self-centredness
- anger



### Work together

Share ideas about how to:

- create action plans
- have a problem-solving approach
- enjoy achievements
- be forward-looking
- show them that we can all get things wrong



### Communicate

The small things you do make all the difference.

Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

### Move on up

Encourage independence:

- help them to move positively from child identity towards teen identity
- increase their responsibilities
- be positive whenever they act maturely



Be aware of your child's changing needs. Sometimes it might feel like one step forwards, two steps back.

### Get learning

Be involved, find out more and talk about:

- social media
- internet benefits and dangers
- new music
- language and slang
- current affairs
- what it's like to be young in the current world



### Be wise

As they discover new things, try to:

- be interested
- be non-judgemental
- guide
- give boundaries carefully
- see it from all sides
- listen to their point of view
- choose your words carefully
- act on warning bells



### Be the anchor

In times of change you are:

- constant
- family
- familiar
- routine
- in-jokers
- irritating
- comforting
- home



### Have fun

Provide lots of light relief:

- be silly
- be embarrassing
- play games
- laugh together
- do stuff together
- make jokes
- make things
- be outside



### Look after yourself

Support yourself, to best support your child:

- lean on friends
- offload on other family
- find 'me time'
- see the GP
- relax, exercise, sleep well, eat well
- remember
- tomorrow is a new day



## Ten Ways for parents to help children cope with change

**YM** Parents  
Helpline

0808 802 5544

youngminds.org.uk  
Mon-Fri 9.30am-4pm

Find  
Your  
feet  
**YOUNG MINDS**  
Stepping Up, Moving On, Growing Up

**ASDA** foundation  
Transforming Communities, Inspiring Lives



We are looking forward to seeing you at Mary Webb School and Science College for two days in the summer term.

You will need to wear your primary school uniform. You can have a free school lunch, or bring a packed lunch. When you arrive, you will come straight to the hall.

This is what you need to bring

**Monday 6<sup>th</sup> July and Tuesday 7<sup>th</sup> July**

A pencil case with all your equipment in – pens, pencils, ruler, rubber.

A drink in a plastic bottle, preferably water.

Packed lunch if you don't want a free school dinner.

Your primary school PE kit and trainers. Sun hat / sunscreen.

Remember to bring your inhaler if you have one.

On **Tuesday 7<sup>th</sup> July** we will meet your parents / carers at the **Induction Evening at 6pm**. This will give the teachers a chance to talk to them about your move to Mary Webb School and Science College.

**Your first day at Mary Webb School and Science College**  
**Wednesday 2<sup>nd</sup> September 2026**

Have a wonderful summer holiday and rest well for your exciting start at Mary Webb School and Science College. Remember to read Toxic, the book that the English Department will give you on your induction days.

Arrive at school by 8.40am, you will need to be in full uniform (labelled with your name, including your tie!).

On this day you will need to bring:

A drink in a plastic bottle, preferably water

Your Mary Webb School pencil case containing

black/red pens and pencils

ruler

rubber

pencil sharpener

protractor

coloured pencils/fine fibre tip pens

calculator

Toxic - the reading book you were given to read over the holidays

2 fiction reading books should be in your bag every day

Your Mary Webb School PE kit – all labelled with your name.

You need to bring your inhaler if you use one and any other necessary medication.

You will be welcomed by the teachers, and spend time in your tutor group. You will be given your timetable and a school map. There will be a tour of the school site and a chance to get to know all the new people in your tutor group. You will remember many of them from your Induction Days.

We can't wait to welcome you to Mary Webb School! If you have any questions, please email us: [cath.jones@marywebbschool.com](mailto:cath.jones@marywebbschool.com)  
[louise.mansell@marywebbschool.com](mailto:louise.mansell@marywebbschool.com), [lauren.shucker@marywebbschool.com](mailto:lauren.shucker@marywebbschool.com)

Mrs Jones, Mrs Mansell & Mrs Shuker