

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

BUTTERNUT MAC & CHEESE
With Crunchy Topping

BEEF CHILLI
with Rice and Sour Cream



PORK OR CHICKEN SAUSAGE
Roast Potatoes and Gravy


CHICKEN TIKKA MASALA
With 50/50 Rice

BREADED FISH
with Chips & Garden Peas

QUORN & VEGETABLE CHOW MEIN

FALAFEL WRAPS
with Couscous and Mint & Yoghurt Dip

VEGAN SAUSAGE
With Roast Potatoes and Gravy


SWEET POTATO & CHICKPEA CURRY
with 50/50 Rice

CHEESE & LEEK FRITTATA
with Chips and Garden Peas

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

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Vegetables of the Day

PINEAPPLE UPSIDE DOWN CAKE

CHOCOLATE CRUNCH CAKE


STICKY TOFFEE APPLE CRUMBLE
With Custard

WARMED JAMAICAN GINGER CAKE
with Ice Cream or Custard

ICED SPONGE CAKE

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY

 **ADDED PLANT PROTEIN**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

caterlink
feeding the imagination

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

CHEESE AND TOMATO QUICHE
With Potato Wedges



BEEF LASAGNE
with Garlic Bread and Salad



CREAMY CHICKEN AND BROCCOLI PIE
with New Potatoes



JERK CHICKEN
with Rice and Peas and Pineapple Slaw

FISH IN BATTER
with Chips

CRUNCHY LENTIL PASTA BAKE
with Roasted Vegetables

CHICKPEA AND SWEET POTATO TAGINE
With Couscous



LEEK, ONION & POTATO TRAY BAKE

CURRIED SQUASH & BUTTERBEAN STEW
with Rice and Peas & Slaw



VEGAN BURGER
with Chips



Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

CHOCOLATE SPONGE PUDDING

APPLE PIE
With Cream

PEAR & CHOC CRUMBLE With Custard



JAM & COCONUT SPONGE

DATY FLAPJACK



ALSO AVAILABLE!

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VEGAN OPTION

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WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

CHEESY CHILLI CHICKEN PASTA

CHICKEN SOUVLAKI

with Golden Rice or Seasoned Potatoes

ROAST OF THE DAY

New Potatoes & Gravy

ENCHILADAS

Pork, Beef or Chicken (*choose one*) with 50/50 Rice

CHIP SHOP FISH / SAUSAGE

with Chips, Mushy Peas and Gravy/ Curry Sauce

SPAGHETTI & PLANT BASED MEATBALLS

SPINACH & CHEESE WHIRL

Golden Rice or Seasoned Potatoes

LENTIL WELLINGTON

with New Potatoes & Gravy

MEXICAN SOYA CHILLI

with 50/50 Rice and Sour Cream

VEGAN SAUSAGE

Chips, Mushy Peas & Gravy/ Curry Sauce

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

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Vegetables of the Day

CHOC ORANGE COOKIE

SUMMER FRUIT CRUMBLE

With Custard

FRUIT MUFFINS

PEACH CAKE

With Custard

CHOCOLATE BROWNIE

ALSO AVAILABLE!

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