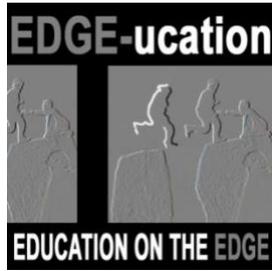
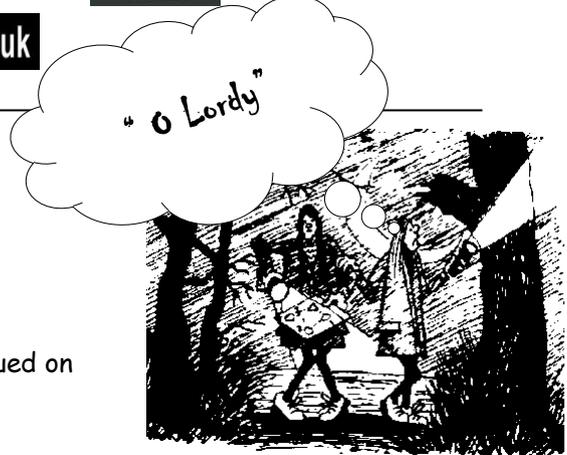


Confidence
Overcoming
Facing consequences
Making real decisions
Thinking under pressure
Learning for life
Problem solving
Friendships
Planning
Risk
Fun
Action



www.EDGE-ucationoutdoors.co.uk



Frightening
New places
Wild
Quiet
Imagination
Relevance
Frustration
Confidence
Fragile
Safe
Bad
Caring
Empathy
Sharing
Strive
Shy

Mary Webb

Silver Training and Expedition 2022
Friday 24th June to Tuesday 28th June

Issue of Equipment

Group equipment comprising of tents and stoves will be issued on Day 1. You must supply your own gas for the stoves.

Travel Arrangements

EDGE-ucation is NOT responsible for your travel to and from the start and finish. The trains are a suggestion. Alternative arrangements for travel can be made if preferred.

If the train service is not available or disrupted for any reason you will need to make alternative arrangements.

If you choose to travel by alternative means, you must ensure you arrive by the train's outward arrival time (aim for 15 minutes early!!).

Train Details

Outward:	Shrewsbury	13.15 approx.
Arrive:	Dyffryn Ardudwy	16:09 approx
Return:	Llanbedr	12:31 approx
Arrive:	Shrewsbury	15.30 approx

Please book open return tickets to Llanbedr as by the nature of expeditions, it is impossible to guarantee getting to the station for a specific time. It would be a good idea to book, tickets earlier as they are cheaper in advance. Check online for latest prices.

NB: You will not be allowed to return home on a train departing before the time shown above. Check online for latest prices and exact times - try the App, Trainline.

Equipment

Kit list as on checklist for back-packing. EDGE-ucation can supply tents and stoves. You supply gas.

Money

Campsite fees will be payable directly to school so you won't need to pay whilst on expedition, however you should allow some pocket money for treats at the beginning and end of your expedition.

The Plan

You will be met at the train station in Dyffryn Ardudwy and briefed. **DO NOT LEAVE THE STATION WITHOUT A STAFF BRIEFING!!** You will be issued with check card positions and set off at intervals. You will then be met at camp and an instructor will help you revisit any of the skills that may need refreshing and ensure you are following all of the necessary safety procedures. They will also give you tips to make your camp more enjoyable and comfortable! Day 2 will involve a higher level, staff accompanied, mountain day. Day 3, 4 and 5 will be your final expedition a remotely supervised lower-level journey to your return station.

Some of the camps can be very midgy so be prepared!!!

Emergency Numbers - Greg 07815 947114 Mike - 07885 801479