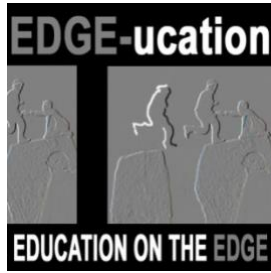
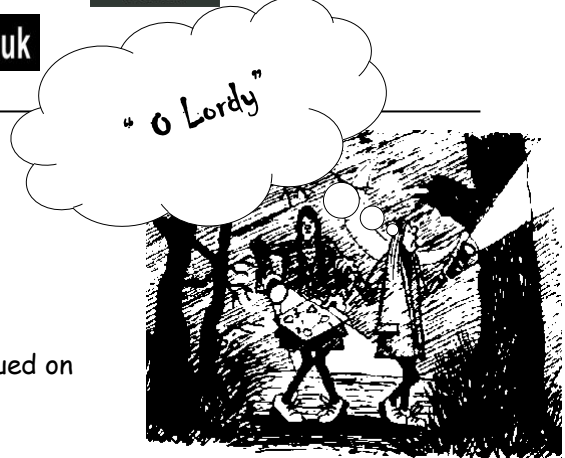


Confidence Overcoming Facing consequences Making real decisions Thinking under pressure Learning for life Problem solving Friendships Risk Planning Fun Action



[www.EDGE-ucationoutdoors.co.uk](http://www.EDGE-ucationoutdoors.co.uk)



Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy

**Mary Webb**

**Silver Training and Expedition 2022**  
**Friday 24<sup>th</sup> June to Tuesday 28<sup>th</sup> June**

**Issue of Equipment**

Group equipment comprising of tents and stoves will be issued on Day 1. You must supply your own gas for the stoves.

**Travel Arrangements**

EDGE-ucation is NOT responsible for your travel to and from the start and finish. The trains are a suggestion. Alternative arrangements for travel can be made if preferred.

If the train service is not available or disrupted for any reason you will need to make alternative arrangements.

If you choose to travel by alternative means, you must ensure you arrive by the train's outward arrival time (aim for 15 minutes early!!).

**Train Details**

<b>Outward:</b>	Shrewsbury	13.15 approx.
<b>Arrive:</b>	Dyffryn Ardudwy	16:09 approx
<b>Return:</b>	Llanbedr	12:31 approx
<b>Arrive:</b>	Shrewsbury	15.30 approx

**Please book open return tickets to Llanbedr** as by the nature of expeditions, it is impossible to guarantee getting to the station for a specific time. It would be a good idea to book, tickets earlier as they are cheaper in advance. Check online for latest prices.

**NB: You will not be allowed to return home on a train departing before the time shown above. Check online for latest prices and exact times - try the App, Trainline.**

**Equipment**

Kit list as on checklist for back-packing. EDGE-ucation can supply tents and stoves. You supply gas.

**Money**

Campsite fees will be payable directly to school so you won't need to pay whilst on expedition, however you should allow some pocket money for treats at the beginning and end of your expedition.

**The Plan**

You will be met at the train station in Dyffryn Ardudwy and briefed. **DO NOT LEAVE THE STATION WITHOUT A STAFF BRIEFING!!** You will be issued with check card positions and set off at intervals. You will then be met at camp and an instructor will help you revisit any of the skills that may need refreshing and ensure you are following all of the necessary safety procedures. They will also give you tips to make your camp more enjoyable and comfortable! Day 2 will involve a higher level, staff accompanied, mountain day. Day 3, 4 and 5 will be your final expedition a remotely supervised lower-level journey to your return station.

Some of the camps can be very midgy so be prepared!!!

**Emergency Number - Greg 078159471145.30**