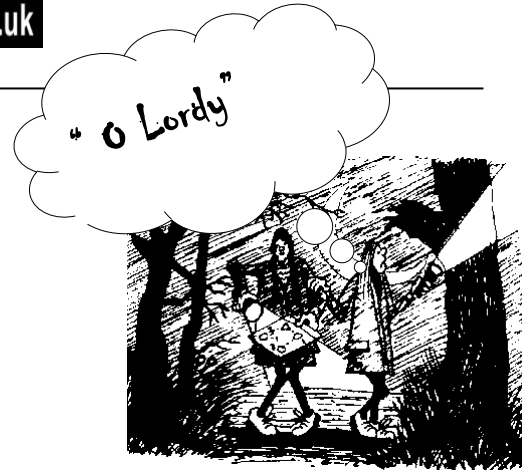


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**ARRANGEMENTS FOR MARY WEBB  
BRONZE TRAINING DAYS**



**DATE** - Wednesday 11<sup>th</sup> May 2022

**MEET** - Mary Webb at normal time.

**RETURN** - Mary Webb 3.15 p.m. approx.

**VENUE** - Mary Web and Surrounding Area.  
Indoors and outdoors.

**AIM** -Initial training in use of stoves, cooking, equipment, countryside code/environmental awareness and technical support.  
-An accompanied walk to practise navigation techniques.

**KIT**

- Small rucksack.
- Lunch and drink.
- Waterproofs.
- As previously stated, boots (with ankle support) are necessary at this stage. Spare indoor footwear (Mud !!!)
- Compass
- A quick-cook pasta/noodle based snack to practise cooking on a Trangia Stove using boiling water only.
- Cooking/eating utensil e.g. spork/spoon and plastic dish.

Confidence Overcoming Facing consequences Making real decisions Thinking under pressure Learning for life Problem solving Friendships Planning Risk Fun Action

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy