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**ARRANGEMENTS FOR MARY WEBB,
YEAR 11, BRONZE EXPEDITION 2021.**

DATES: Monday 5th July and Tuesday 6th July.
Returning home each day.

MEET: Monday 5th July and Tuesday 6th July.
Mary Webb. Start of normal school time.

RETURN: Monday 5th July - at end of normal school day.
Tuesday 6th July - parents to collect from the Bog Car Park SY50NG,
at approximately 5.0pm. A very competent group may finish earlier
but can call ahead if necessary.

AIM: To revise and put into practise all previous training through:

- An Expedition Activities Day, includes cooking, making a shelter and more navigation challenges.
- An Expedition Day to complete the planned journey.

KIT: All training day handouts including a kit list are available on Mary Webb D of E online, but as a minimum ensure that you have the following:

- A day sack - approx. 20 lts
- Waterproofs.
- Spare warm jumper.
- Warm Hat.
- Suncream.
- Boots (with ankle support).
- Compass
- Substantial packed lunch and a drink for day 2.
- Ingredients for a substantial meal to be prepared on a Trangia Stove on day 1. Don't forget to carry enough water for preparing the meal and drinking. This should ideally be cooked with one or two partners who you will share the meal with. This also forms part of your assessed conditions.

Action Fun Risk Planning Friendships Problem solving Learning for life Thinking under pressure Making real decisions Facing consequences Overcoming Confidence

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy